

### T-Shirts

All participants will receive a T-Shirt. Shirts will be guaranteed to those who have preregistered. Participants who register on race day will receive shirts after the race as long as supplies last. Runners not receiving shirts on race day may pick up their shirts Monday-Friday from 8:30 a.m. to 5:00 p.m. at the American Red Cross. Call (423) 265-3455 for more information.

### Prizes

Drawings for prizes will be held after the awards ceremony.

### Questions

Dan Bailey, Race Director, (423) 755-7618  
Ron Bailey, Assistant Race Director, (423) 757-7627



## Missionary Ridge Road Race Sponsors



Application revised June 15, 2004



## American Red Cross Chattanooga-Hamilton County Chapter

### Your Red Cross...

Provides vital services to our community and has since being chartered in 1917;

Serves an average of 2,500 military cases with approximately 7,800 services each year. Services include emergency communications, counseling, emergency leave request verification, and financial assistance processing;

Provides emergency assistance to disaster victims. Last year, more than 150 families received emergency financial assistance with rent, food, clothing, and other basic necessities;

Trains more than 7,600 area residents in lifesaving skills such as CPR, first aid, water safety and other courses;

Utilizes more than 1,700 volunteers;

Provides volunteers in 6 hospitals and 10 nursing homes. Volunteers provide comfort to patients and their families.



# 31st Historic Missionary Ridge Road Race

Honoring Veterans and  
Members of the  
United States Armed Forces



Saturday  
August 14, 2004

Race Proceeds Benefit  
American Red Cross

## Honorariums

Members and former members of the United States Armed Forces will be honored at the Missionary Ridge Road Race. A lap around the ellipse at Bragg Reservation will be walked by every member or former member of the Armed Forces. Honorariums may be purchased prior to or at the race to honor any individual who has served or is serving in the Armed Forces. The honoree's name will be printed on an honorarium which will encircle the ellipse at Bragg Reservation. During the honorary service those names will be announced by a local dignitary. If you would like to honor a loved one, friend or co-worker who was a member or is currently a member of the Armed Forces please complete the form below.

I, \_\_\_\_\_, wish to make a gift of \$\_\_\_\_\_ to the Chattanooga-Hamilton County Chapter of the American Red Cross. My gift is in honor/memory of \_\_\_\_\_ who is serving or once served in the United States Armed Forces.

**Make checks payable to:** American Red Cross, 801 McCallie Avenue, Chattanooga, TN 37403

**Honorariums are \$10 each**

*An Honorarium consists of a white bag with an American Flag.  
Each honoree's name will be printed on an individual bag.*



## 31st Historic Missionary Ridge Road Race

\_\_\_\_\_  
Name

\_\_\_\_\_  
Address

\_\_\_\_\_  
City State Zip

\_\_\_\_\_  
Telephone# E-mail

Age \_\_\_\_\_  Male  Female

**T-Shirt size:**

Adult S M L XL Child 4T 7/8

Entry Fee:	August 7	Day of Race
4.7 mile race	\$15	\$18
Kiddie K	\$5	\$7

I would like to make a donation of \$\_\_\_\_\_ to the American Red Cross.

**Make checks payable to:** **American Red Cross**  
801 McCallie Avenue  
Chattanooga, TN 37403

No Refunds

**Waiver - Read Carefully and Sign**

I know that running a road race is a potentially hazardous activity, and I should not enter or run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete this run. I assume all risks associated with running this event, including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Chattanooga Track Club, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though this liability may be the result of negligence on the part of the persons named in this waiver. I understand that bicycles, skateboards, baby joggers, rollerskates/blades, animals, and headsets are not allowed in the race, and I will abide by these guidelines.

\_\_\_\_\_  
Signature of applicant or Date  
(if under 18) parent or guardian

## Missionary Ridge Road Race Saturday, August 14, 2004

### Fees and Schedule

Registration begins at 6:45 a.m.

4.7 mile race begins at 8:00 a.m.  
Preregistration \$15  
After August 7, 2004 \$18

Kiddie K will follow the 4.7 mile race  
Preregistration \$5  
After August 7, 2004 \$7

*Preregistered CTC members receive a \$1.00 discount*

**Honorarium Service will begin at the  
conclusion of the Kiddie K.**

**Race participants may register online at  
[www.active.com](http://www.active.com)**

### Location

Bragg Reservation is located atop Missionary Ridge in Chattanooga, Tennessee. The 4.7 mile course begins on South Crest Road below Bragg Reservation, extends around East Crest Road and returns on South Crest Road to Bragg Reservation. The scenic course is shaded by trees; there are two major hills and the rest is gently rolling.

### Parking

There will be NO PARKING at Bragg Reservation. Parking and shuttle service will be available at FIRST LUTHERAN CHURCH, 2800 McCallie Avenue (located near Brainerd/McCallie tunnels see map). The shuttle service will operate from 6:30 a.m. until 10:30 a.m. from the church parking lot to the reservation.

### Awards

Top overall male and female; top overall male and female masters; and, top three male and female participants in the following age groups: 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & better.

All Kiddie K participants will receive a T-shirt and ribbon.