october Pie Run

Sponsored by the Chattanooga Track Club



DATE and TIME: Saturday, October 23, 2004, 8:00 a.m.

STARTS and FINISHES: Signal Mountain Middle School

Directions: Take Route 27 to the Signal Mountain Exit. Follow Signal Mountain Road (Route 127N) up the mountain, several miles past the traffic light. Turn right onto

Ault Road just after Shoal Lane and just before the grocery store.

COURSE DESCRIPTION: A beautiful, rolling course with two significant hills. Beautiful views over East

Brow Road.

REGISTRATION FEES: Registration may be made by pre-registering or sign-up the morning of the race from

6:45 a.m. -7:30 a.m. Registration fee is \$10.00.

NEW THIS YEAR: This year there will be a prediction race. Prize money (\$50, 30, 20) for the top three

runners that come closest to predicting their finish times. (note: no watches allowed during race.) A split time will be given at the one mile mark. Your prediction must be clearly marked on your race application in the space provided. In order for to qualify

for the prize money, finishing time must be less than 70 minutes.

AWARDS: A homemade apple pie from the Bread Basket in Walden will be presented to overall

winners and age group winners. Also, there will be pies randomly given away and

other door prizes. Results will be posted at www.chattanoogatrackclub.org.



For questions or more information, contact Lee Davis at 423-266-0605 or email Lee@

Davis-Wallace.com or email Bill Minehan at bminehan@

adtechceramics.com.



2004 Signal Mountain Road Race Registration Form and Waiver

Mail to: Davis & Wallace, PC 508 E. 5th Street Chattanooga, TN 37403

or bring with you race day.

Name		Gender _	 Age on race day	
Address		City/State/Zip		
Email		Birthdate	_	
Predicted time:	Amount enclosed:			

I know that running in this foot-race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running this race including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, I, for myself and anyone entitled to act on my behalf, waive and release the Chattanooga Track Club, the towns of Signal Mountain and Walden, employees, officials and volunteers of the preceeding, from all claims or liabilities of any kind arising out of my participation in this race even though liability may arise out of negligence or carelessness on the part of the parties named in this waiver.

Signed	Date	Parent if under 18	Date
0			

Chattanooga, TN 37403 508 E. 5th Street

ATTORNEYS AT LAW





presents...

The Signal Mountain Road Race



10K (6.2 miles) Saturday, October 23, 2004





